

SUPER CURRICULUM

KS5 – Psychology



SUPER CURRICULUM

CONTENTS – KEYS



Reading Tasks



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Super curricular activities are those that take your regular curriculum further.

They take the subjects you study in the classroom beyond that which your teacher has taught you or what you've done for home learning. For example, you may go into more depth on something you picked up in the classroom, or learn about a new topic altogether.

These activities are normally in the form of extra reading but they can take many other forms, like watching videos online, downloading podcasts, attending lectures, visiting museums or entering academic competitions.




Engaging in super curricular activities will help you develop a love for your favourite subject or subjects. In this booklet, there are a range of activities, suggested by your teachers. I would encourage you to share ideas and opportunities you come across with your teachers so that, over time, the recommended activities in this booklet can grow.

In the future, employers or universities will be interested to hear about what super curricular activities you have engaged in; they will be interested in what you have learnt and impressed by your efforts.



I wish you well in your pursuit of super curricular activities!

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A level tasks	AQA A Level Psychology
<p>Reading Tasks</p> 	<p>The Psychology of Harry Potter: An Unauthorised Examination of the Boy Who Lived by Neil Mulholland, PhD <i>Harry Potter has provided a portal to the wizarding world for millions of readers, but an examination of Harry, his friends and his enemies will take us on yet another journey: through the psyche of the Muggle (and wizard!) mind.</i></p> <p>The Art of Choosing by Sheena Iyengar. <i>A really interesting insight into a number of psychological concepts and theories. It touches on things such as whether we are truly in control of our own choices, or if these are predetermined by something other than our conscious mind. It also delves into the difference in choices that exist and are encouraged between individualist and collectivist cultures.</i></p> <p>Why We Sleep: Unlocking the Power of Sleep and Dreams by Matthew Walker, PhD <i>This international best seller by neuroscientist Matthew Walker that explores 20 years of cutting-edge sleep science. From what really happens during REM sleep to how caffeine and alcohol affect sleep and why our sleep patterns change as we grow older.</i></p> <p>You can also find more recommending reading on our 'Psychology Wider Reading' list, available through your Psychology Google Classroom.</p>
<p>Watching Tasks</p> 	<p>YouTube Channel 'Mind Field' https://www.youtube.com/watch?v=iqKdEhx-dD4&list=PL-D2eb2vBV7LzsXkzeinc7v1eZ-22AaCs with many documentary-style episodes which focus on aspects of human behaviour, particularly the brain and the influences of consciousness.</p> <p>Just a few recommended films / television programmes with psychological links: Mindhunter – about the first FBI agents to try and understand the psyche of serial killers – they pioneer the development of modern serial-killer profiling Black Swan – a cinematic portrayal of someone suffering from a serious mental illness Inception – a sci-fi about dreams and manipulating the mind Shutter Island – a detective who is sent to an asylum on a remote island to investigate the disappearance of a patient Rain Man – a brother tries to manipulate his autistic brother to giving up his inheritance A Beautiful Mind – a mathematical genius who struggles with mental illness and sees the impact it has on his family.</p> <p>You can also find more recommendations from this link: https://www.saintleo.edu/blog/18-must-see-films-for-psychology-students</p>
<p>Listening Tasks</p> 	<p>The Psychology Podcast https://scottbarrykaufman.com/podcast/ offers insights into your brain.</p> <p>The Psych Files https://podcasts.apple.com/us/podcast/psychology-in-everyday-life-the-psych-files/id215516451 explores a variety of psychological topics and applies them to everyday life.</p>

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	<p>Hidden Brain https://hiddenbrain.org/ investigates the unconscious patterns that drive human behaviour and attempts to answer questions that lie at the heart of our complex and changing world.</p> <p>Pop Psych 101 https://podcasts.apple.com/us/podcast/pop-psych-101/id1437402584 delves into all things 'mental health' including how accurately mental health is portrayed in books, films, and television.</p> <p>Shrink Rap Radio https://shrinkrapradio.com/ episodes that cover famous Psychologists in history who have had a significant influence in the field.</p> <p>Brain Science https://podcasts.apple.com/us/podcast/brain-science-ginger-campbell-md-neuroscience-for-everyone/id210065679?mt=2&app=podcast discusses recent discoveries in neuroscience that can explain how our brains make us who we are.</p>
<p>Writing Tasks</p> 	<p>Write a review of one of the books (or a single chapter) you have read from the 'Psychology Wider Reading' list or 'Reading Tasks' above.</p> <p><i>How does it link to your learning in class and/or the specification?</i> <i>How has it enhanced your understanding of disciplines within Psychology?</i></p>
<p>Creative Thinking Tasks</p> 	<p>Looking at current stories in the news, try to link them to topics that you study at Psychology A Level. This could be a direct link, e.g. how Psychology can contribute to the understanding of mental health issues and the possible impact that this has on the NHS, or it could be a more indirect link that you need to explain in more detail, e.g. the importance of early attachment on later development in adult life and the value that is placed on childcare or early schooling by Government funding.</p> <p>Whatever links you find, create a summary document, leaflet, poster, or infographic to show the key information and links to Psychology.</p>