

Head Teachers Welcome



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What do we want to achieve?

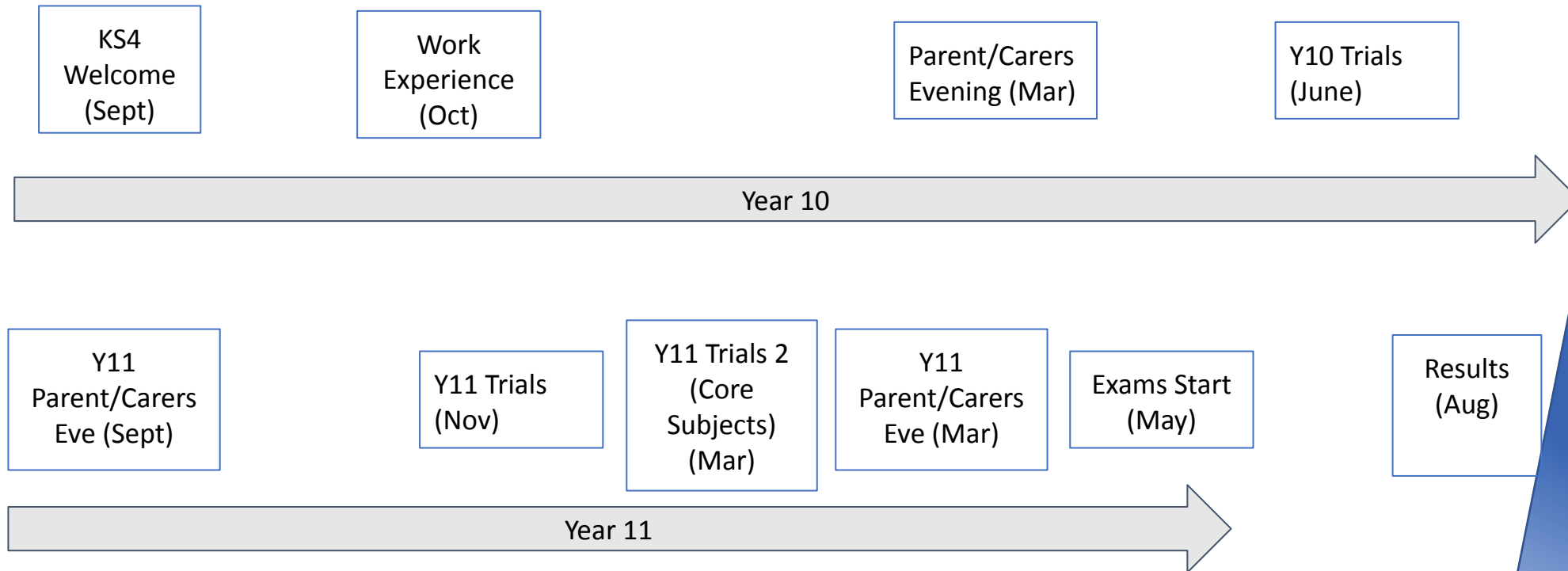
- The best outcomes for each and every student
- Looking after the wellbeing of our students (and all of us)
- Having a clear pathway beyond 16



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Timeline:



Why Attendance Matters

	Above 95%	90-95%	Below 90%
4+ En & Ma	73%	58%	51%
Ave Grade	4.71	4.33	4.00



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Benefits of Work Experience

- They gain an insight into the world of work
- They develop skills
- It looks good on future applications
- It helps give them confidence
- It helps them to give examples in interviews
- They may make useful contacts
- They work out what they do and don't like
- They get exposure to management
- They gain practical knowledge
- It may help their motivation to do well
- It helps put school into perspective



When to do their Work Experience

- **Yellow Week 14th – 17th October 2024** would be an ideal time to do their 5 day work experience (they will need to start contacting places now if they haven't already)
- **Timetable Suspension Week 30th June – 4th July 2025**
- **During the school holidays**
- If the employer can't work with the above dates they can pick another week during the school year but they **MUST** check with all of their teachers first that they won't be missing anything important (Y10 Trial Exams are at the beginning of June) and must catch up on work missed.
- For those students that haven't organised a placement by the end of June 2025 and aren't on a trip they will spend 3 days during Timetable Suspension Week with our Careers Lead, Mrs Rich undertaking work related learning lessons and at least one trip to a local employer.



How can I help support my daughter/son?

- Make sure that they are able to travel to and from their placement.
- Help them to think outside the box e.g. if they're interested in becoming a vet but can't find a placement at a Veterinary Surgery look for placements in animal conservation, livery yards, zoos, farm parks etc.
- Ask friends and family members if they know of anyone who may be able to help.
- If you are on social media e.g. LinkedIn, Facebook etc. put a shout out for help.
- There are virtual work experience opportunities available e.g. Springpod, Speakers for Schools, these are particularly useful for sectors where health & Safety is an issue and in person placements can't be offered.
- If all else fails, please email Mrs Rich and ask for help if you have any problems finding work experience. Please note her working days are Tuesday and Wednesday.



Work Experience

Yrs 10

We administer the whole work experience programme through the Unifrog Work Placement Tool.

[Unifrog Work Placement Video](#)

unifrog



Inspiration



One of our Year 10 students was offered a sought after Apprenticeship after his work experience.



One of our Year 12 students was offered a 5 year (Level 4-7), Degree Apprenticeship with the Accountancy company she completed her work experience with.

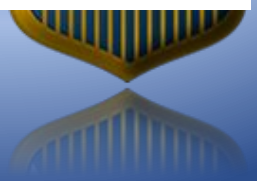
***‘All learners will achieve their
maximum potential and
enjoy the process’***



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My Journey as a LIFELONG Learner



My son Osian

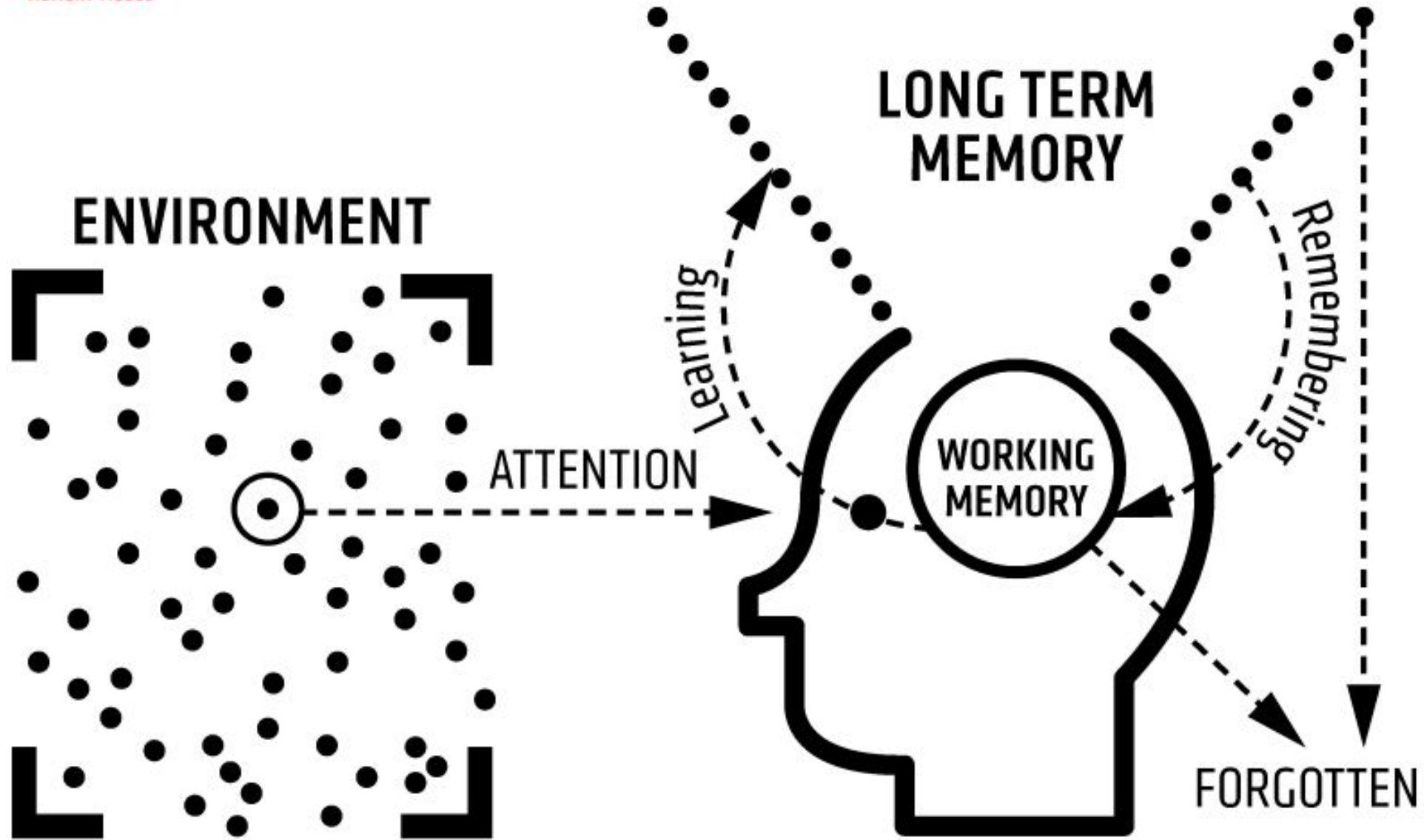


Listen to my teacher
Then do something
Check with her after

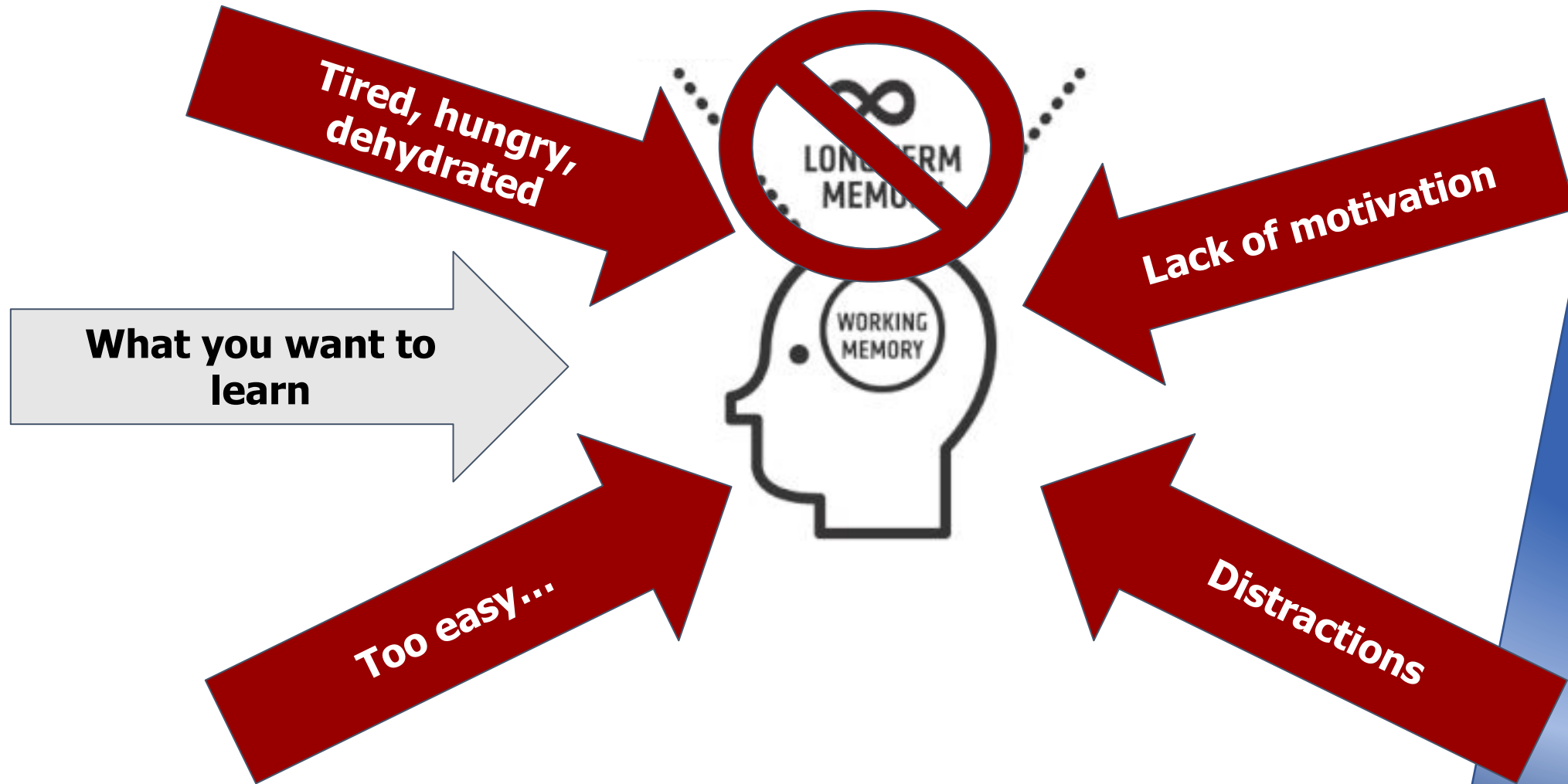


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What makes an inefficient learner?



What is their goal...

Short term

Medium Term

Long Term



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Everyone wants a huge success

But it is the small things every day that allow it



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“People think they have a lack of motivation, but in fact it is a lack of clarity”



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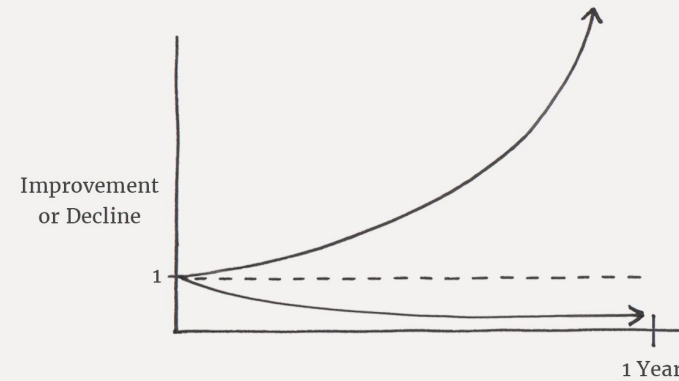
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Marginal Gains- Brailsford

Redesigned the bike seats, rubbed alcohol on the tires for a better grip, heated shorts, biosensors, suits, massage gels, washing their hands, pillows, mattresses....

The Power of Tiny Gains

$$\begin{aligned} 1\% \text{ better every day} & \quad 1.01^{365} = 37.78 \\ 1\% \text{ worse every day} & \quad 0.99^{365} = 0.03 \end{aligned}$$



JamesClear.com



All comes down to habits

4 stages

Noticing, Wanting, Doing, Liking



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Noticing

When? Where? How?

Implementation Intentions



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If, then...

Add a note/post it to each point

How are you going to counteract that problem?



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Wanting

How can you design it to make it more likely to happen?



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**“Best way to change long term
behaviour is short term
feedback”**



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Don't break the chain!

But if you do...have a plan! **RULE OF 2**

Action provides evidence

Every action is a 'vote' for the person you want to be



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Desirable Difficulties

Got to be a challenge...



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Practice makes Permanent



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Building the environment

Find a quiet, tidy room with minimal distractions – your bedroom, library or classroom.

Put your revision timetable, exam timetable and other documents visible on your wall

Make sure you have a drink and snack with you, staying hydrated and full is important

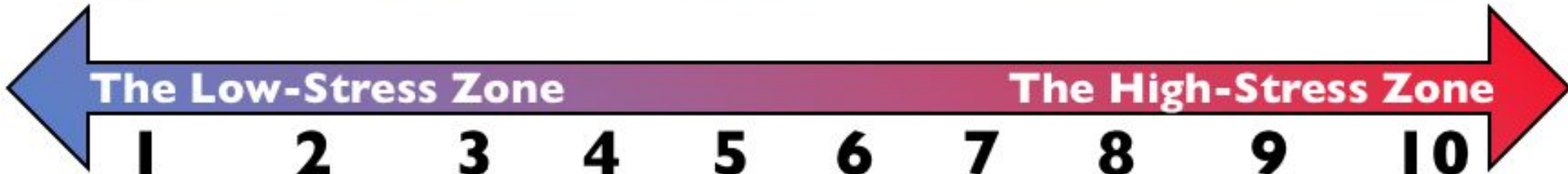


Put your phone in another room, it is too much of a distraction -

Loud music is a distraction, if you must listen, it needs to be low tempo, without lyrics

Have all your revision materials and stationary on your desk ready to go - make it obvious





The Low-Stress Zone

The High-Stress Zone

1 2 3 4 5 6 7 8 9 10



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What is stress?

- Normal response to difficult situations.
- It is a natural response that happens automatically in our body.
- A certain amount of stress is normal and needed to get us out of bed in the morning.
- Some stress is good.
- Long term stress or too much stress can damage health.



Poor Attendance

Underachieving

Not completing
ILT

Issues with Friendships



Issues at home

Social Media

Body Image

Relationships

Spotting the signs...





**Aaron
Underwood**



**Ashley
James**



**Laura
Bendall-Burt**



**Danielle Hill
Lauren Knowles**

Mrs Hoare - Student Support Mentor

Miss Beard - Student Support Mentor

Mrs Freeman - Student Support Mentor and DDSL

Miss Pattinson - Attendance

**Mrs Greene/Marie/Mara
RAIS/Well-being/Counselling**

Mrs Cook - Pupil Premium Lead

Subject teachers & Senior Students.





Early Help
advice, guidance and support

NHS

Gloucestershire Health and Care
IHS Foundation Trust

CAMHS

Child and Adolescent
Mental Health Service



Beat
Eating disorders

Breathe

Sharing God's love with young
people through what we do & say



ghes
educating with confidence
GLOUCESTERSHIRE HOSPITAL EDUCATION SERVICE



y9



tic+

Counselling, Support and Care for Young People and Families



**Young
Minds
Matter**

Gloucestershire

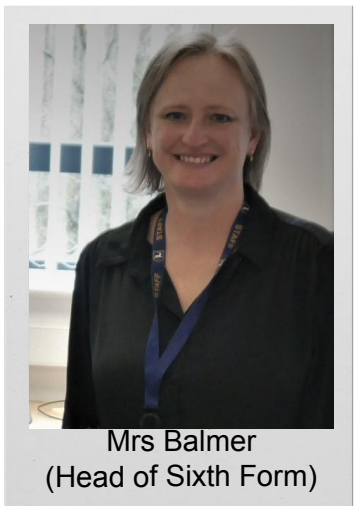
Worried about a friend or someone in your family?

Need someone to talk to?

You can talk to the Dene Magna **SAFEGUARDING** team...



Need help?



Feeling anxious?

Contact a member of the team: Safeguarding@denemagna.gloucs.sch.uk
Mrs Balmer: l.balmer@denemagna.gloucs.sch.uk