

# KS3 SCHEME OF WORK

This scheme of work is inspired by the GHLL PinK curriculum. Lessons have been planned collaboratively with tutors and aims to achieve a spiral curriculum, developing student knowledge each year.

	Year 7	Year 8	Year 9
<b>Term 1 Healthy Living</b>	Friendships Road Safety Exercise Healthy Diet Hygiene Puberty Movember Anti-bullying week Affects and dangers of alcohol Dangers of Smoking/Vaping Legal and illegal drugs	Impact of exercise on Mental Health Youth Mental Health Week Impact of hygiene onMental Health Healthy Diet – impact of Energy Drinks Puberty – understanding mood Personal Safety Anti-bullying week Alcohol & Peer Pressure Dangers of Vaping Dangers of drugs County Lines	Sleep Youth Mental Health Week Hygiene and Employment Personal Safety – drink spiking Puberty – understanding periods Anti-bullying week Dangers of Smoking/Vaping Dangers of Drugs County Lines GCSE Options/Careers help
<b>Term 2 Living in the Wider World</b>	British Values Understanding Equality and Diversity Hate Crime Online & Media – understanding Social Media Internet safety Cyberbullying International Women’s Day Body Image & Body Confidence Finance - Savings Linking School with Work	Equality & Diversity – Stereotypes Hate Crime Knife Crime Online & Media: <ul style="list-style-type: none"> <li>• Grooming</li> <li>• Consequences of posting online</li> <li>• Internet Safety</li> <li>• Body Image &amp; Confidence - influencers</li> </ul> International Women’s Day Finance – Ingoing’s vs Outgoings	Equality & Diversity in the workplace Volunteering Online & Media: <ul style="list-style-type: none"> <li>• Hate Crime</li> <li>• Stress &amp; FOMO</li> <li>• Internet Safety</li> </ul> Finance: <ul style="list-style-type: none"> <li>• Budgeting</li> <li>• Credit/Debt</li> <li>• Gambling</li> </ul> CV writing
<b>Term 3 Healthy Relationships</b>	Healthy relationships - friends and family Dementia Awareness Week Mental Health Awareness Week Consent – permission seeking Introduction to Contraception Pride Month Sexuality Homophobia First Aid Staying safe in the Holidays	Healthy romantic relationships Consent: <ul style="list-style-type: none"> <li>• Dealing with rejection</li> <li>• Sexual consent</li> </ul> Contraception & STI’s Teen Pregnancy Mental Health Awareness Week Pride Month Sexuality & Homophobia Sexting	Healthy relationships – Teen Domestic Abuse Consent: <ul style="list-style-type: none"> <li>• Sexual Consent</li> <li>• Sexual Harassment</li> <li>• Sextortion</li> </ul> Mental Health Awareness Week Contraception STI’s Pride Month Sexuality & Homophobia

# KS4 SCHEME OF WORK

This scheme of work is inspired by the GHLL PinK curriculum. Lessons have been planned collaboratively with tutors and aims to achieve a spiral curriculum, developing student knowledge each year.

	Year 10	Year 11
<b>Term 1 Healthy Living</b>	Influences on Health Health Checks Addiction & Dependency Sexual Health Teenage Pregnancy Anti-bullying week Emotional wellbeing: <ul style="list-style-type: none"> <li>• Understanding the teenage brain</li> <li>• Dealing with Stress</li> <li>• Dangers of perfectionism</li> </ul> Personal Safety	Mental Health: <ul style="list-style-type: none"> <li>• Excessive screen time</li> <li>• Happiness</li> </ul> Health Checks Organ & Blood donation Time Management Revision Anti-bullying week Sexual Health Recap Personal Safety – Festivals
<b>Term 2 Living in the Wider World</b>	Independent Living Finance – exploring pay checks Human Rights Mutual Respect & Tolerance Internet Safety Body Image & Confidence – social media International Women’s Day Hate Crime Knife Crime County Lines	Independent Living – Pensions & Tax Finance – cost of living Democracy Fake News Internet Safety Body Image & Confidence – Cosmetic and Aesthetic procedures Hate Crime Sexting & Sextortion Exam Stress & Anxiety
<b>Term 3 Healthy Relationships</b>	Healthy Relationships Domestic Abuse Peer on peer abuse Mental Health Awareness Week Parenting Sexuality & Homophobia Sexism & Misogyny Pornography FGM & Forced Marriage	Sexual Exploitation Healthy Sexual Relationships Revenge Porn Mental Health Awareness Week

# KS5 SCHEME OF WORK

This scheme of work is inspired by the GHLL PinK curriculum whilst also taking into account topics of relevance to our mature students. Student progress is monitored throughout using RSHE booklets on the form group Google Classroom.

	Year 12	Year 13	Assemblies
<b>Term 1 Healthy Living</b>	Health Checks Sexual Health Substance Misuse Binge Drinking	Fertility & Pregnancy Gambling Time Management	Delivered by our Wellbeing Practitioner throughout the year:  Y12 <ul style="list-style-type: none"> <li>• Understanding the teenage brain</li> <li>• Stress</li> <li>• Sleep</li> </ul> Y13 <ul style="list-style-type: none"> <li>• Boosting Mood</li> <li>• Stress</li> <li>• Coping with change</li> </ul>
<b>Term 2 Living in the Wider World</b>	Personal Safety - travelling Road Safety Equality & Diversity: in the workplace LGBTQIA+ Knife Crime	Voting Rights Employment Rights Financial Independence Independent Living	'What if' performance for Y12
<b>Term 3 Healthy Relationships</b>	Pornography The Law on Sexual Harassment & Domestic Violence	Healthy Relationships - Coercive control Non-fatal strangulation	STREET or GDASS for Healthy Relationships