



WEEKLY PARENT BULLETIN- WEEK 14 WEEK COMMENCING MONDAY 13TH JANUARY 2025

I hope you all had a lovely and restful Christmas and New Year.

Forest Food Bank

A big thank you to everyone who donated to the Forest Food Bank in exchange for wearing a Christmas jumper. I'm pleased to announce that we raised 224.6 kg of food, which will make a significant impact.



Fame Lab

This week, the Science department launched Fame Lab, an international science communication competition.

Fame Lab challenges participants to present complex scientific topics in an engaging and accessible way within three minutes. Our students are preparing for the competition, and our school winners will compete at the county level. Good luck to all our participants!

Y13 Trial Exams Year 13 students began their trial exams this week, experiencing longer exam durations, some over 3 hours. We wish them the best of luck next week as well. They will receive their grades and feedback in lessons over the coming weeks, and parents will receive a report on their progress.



Period 6 & A-Level taster sessions

Year 11 students have started attending Period 6 sessions. These sessions are tailored to specific areas of focus where students need additional support. During these sessions, we will be doing revision and exam practice.

Our triple science students had the opportunity to visit the Sixth Form for A-Level taster sessions in Chemistry and Physics. In Chemistry, they explored how to test for different substances in materials, while in Physics, they learned about the strength of materials, particularly comparing the structure of a Crunchie bar to bone structure.



Men's Mental Health

Try Talking - join our men's mental health group in 2025:

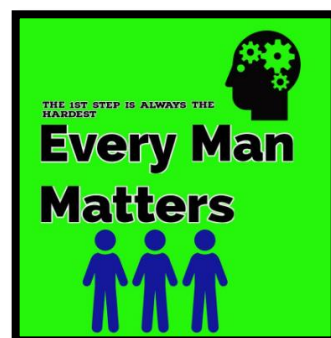
As we head into the New Year, some of us might be struggling more than others but, as is pretty typical in men, we just try to carry on and don't want to talk about it. We are all becoming more aware of the growing rate of mental health issues in men and maybe now is a good time to try something different.

If you or a friend are struggling then why not try coming to our first group for men where there will be a chance to listen and who knows, you might even want to TRY TALKING.

Just showing up is a start and we promise no judgement, no pressure to talk and the kettle will be on! In return, all we ask is that you come with an open mind and who knows, together we might be able to start making things a little better.

We are grateful to **Cinderford Rugby Club** who have kindly offered us the space to meet every **Tuesday from 7-8pm** in the Lounge and we look forward to seeing you there.

Remember: try turning up, try listening and who knows, you might even try talking!



Year 9 Options Evening

Finally, Year 9's Options Evening will take place **on Thursday, January 16, from 5:30 PM to 7:30 PM**. The evening will begin with an introductory talk about the options process, followed by guidance on how to complete the online form. You will also have the opportunity to speak with subject teachers to discuss the courses your child is interested in.

We look forward to seeing you there!

Declan Mooney
Headteacher

Dates for your Diary

- ❖ Thursday 16th January- Year 9 Options Evening and Subject Fair
- ❖ Friday 17th January- Year 11 'Getting Exam Ready' in the main hall