

WEEK 2 Menu options...week commencing 07/09/2020

Monday

Hot meal:	Chicken and broccoli bake
Hot vegetarian:	Vegetable and bean frittata
Baguette:	Pulled pork
Vegetarian baguette:	Cheese and onion rings
Pasta pot:	Pepperoni
Pasta pot vegetarian:	Oriental vegetables
Salad box:	Ham or cheese ploughmans
Sub or wrap	Ham, cheese, egg or tuna

Tuesday

Hot meal:	Spaghetti bolognese
Hot vegetarian:	Quorn shepherds pie
Baguette:	BBQ chicken
Vegetarian baguette:	Southern coated Quorn salsa
Pasta pot:	Piri piri chicken
Pasta pot vegetarian:	Tomato salsa
Salad box:	Ham or cheese ploughmans
Sub or wrap:	Ham, cheese, egg or tuna

Wednesday

Hot meal:	Roast chicken
Hot meal vegetarian:	Lentil and chick pea casserole
Baguette:	Sausage
Vegetarian baguette:	Cheese and hash brown
Pasta pot:	Beef margherita
Pasta pot vegetarian:	Zingiata
Salad box:	Ham or cheese ploughmans
Sub or wrap:	Ham, cheese, egg or tuna

Thursday

Hot meal:	Butchers sausages with onion gravy
Hot meal vegetarian:	Macaroni cheese
Baguette:	Cajun fish fillet
Vegetarian baguette:	Scrambled egg and mushroom
Pasta pot:	Tandoori chicken
Pasta pot vegetarian:	Toscana
Salad box:	Ham or cheese ploughmans
Sub or wrap:	Ham, cheese, egg or tuna

Friday

Hot meal:	Cod in crispy batter
Hot meal vegetarian:	Vegetarian hotdogs
Baguette:	Chicken and bacon
Vegetarian baguette:	Vege sausage
Pasta pot:	Yankee hotdog
Pasta pot vegetarian:	Vegetable masala
Salad box:	Ham or cheese ploughmans
Sub or wrap:	Ham, cheese, egg or tuna