



Subject Information

A Level Physical Education

On our A Level PE course, students develop their knowledge and understanding of the science behind physical activity, including key systems in the body and how they react to changes in diet and exercise.

Students develop their understanding of the psychological factors that influence performance in physical activity and sport, applying the theory to practical examples, giving guidance and feedback in constructive ways that are suited to an individual's personality.

Students are assessed in the role of either performer or coach in one practical activity. They are required to demonstrate effective performance, the use of tactics or techniques and the ability to observe the rules and conventions under applied conditions.



Topics studied:

- Physical factors affecting performance
- Psychological and socio-cultural themes in physical education
- Performance in physical education
- The many systems of the human body

Course structure:

- Exams are 70%
- 1- Performance/Coaching in 1 Activity: 15%
- 2-Evaluation and Analysis of Performance for Improvement (EAPI) task: 15%



Entry requirements:

Minimum GCSE PE grade 6 or above

Location:

Cinderford Campus and Mitcheldean Campus



This course prepares you for a career in:

Progression onto many undergraduate university courses, under the Physical Education banner. Further progression onto a career in sport or PE such as teaching, coaching, leisure management, sports science or physiotherapy.



To enquire about this course, email sixthform@denemagna.co.uk