



SJB/JRu

9 November 2020

Dear Parents/Carers

## **Advice to remain away from school for 14 days (Y10 and Y11 only)**

We now have 2 members of staff who have tested positive and a further 7 members of staff self-isolating. Sadly, this means that we are unable to provide sufficient teachers in front of classes to teach our full curriculum. With this in mind we have taken the decision that Year 10 and 11 students should stay at home until Monday 23 November.

Whilst at home students should access all of their lessons either through Google Classroom or Google Meet and continue with their studies.

- Year 11 will be guided by their teachers through revision ready to start their Trial exams on Monday 23 November. There will be Google Meet 'live' lessons. Please note that there will be no period 6 during this time.
- Year 10 should continue with their normal timetable and classes and again, there will be 'live' lessons via Google Meet.

Please get in touch if that cannot be accessed at all during this time.

Students that have been identified as being in close contact with the affected members of our community, have been contacted in person and told that they must stay at home and self-isolate. If you haven't had a conversation or letter saying that your child has been in direct contact with someone, your child does not have to isolate, but they should remain home and adhere to the national guidance. All of KS4 should return on Monday 23 November, unless your child is unwell.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

## **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or

online. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

### **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

### **For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards.

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

As ever thank you for your support in these unprecedented times.

Yours sincerely



Stephen Dray  
Headteacher